



ALL JOURNEYS START WITH A SINGLE STEP

## WHOLISTIC HEALTH & HAPPINESS VITALITY BLEND

A DAILY BOOST FOR ENERGY, IMMUNITY & WELL-BEING

A vibrant blend of nutrient-dense superfoods to support natural energy, immune health, detoxification and overall vitality.



NATURAL  
ENERGY



IMMUNE  
SUPPORT



DETOX &  
CLEANSING



FOCUS &  
CLARITY



OVERALL  
WELL-BEING

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### INGREDIENTS



#### BEET ROOT POWDER

Supports blood flow, exercise performance, liver detoxification and natural energy.



#### MATCHA GREEN TEA POWDER

Provides calm, focused energy, rich in antioxidants and supports metabolism and brain function.



#### AMLA POWDER

Excellent source of Vitamin C, supports immune health, skin health and cellular protection.



#### MORINGA POWDER

Nutrient-dense superfood rich in vitamins, minerals and plant compounds that support energy and detoxification.



#### CEYLON CINNAMON

Supports blood sugar balance, healthy digestion and adds warming, anti-inflammatory benefits.

#### HOW TO USE

Add 1 teaspoon to smoothies, coffee, protein shakes, yogurt, oatmeal or your favorite beverage.



### NUTRITION INFORMATION

Serving Size: 1 teaspoon (approximately 5 g)

| Amount Per Serving        |           | % Daily Value* |
|---------------------------|-----------|----------------|
| <b>Calories</b>           | <b>15</b> |                |
| Total Fat                 | 0 g       | 0%             |
| Saturated Fat             | 0 g       | 0%             |
| Trans Fat                 | 0 g       |                |
| Cholesterol               | 0 mg      | 0%             |
| Sodium                    | 0 mg      | 0%             |
| Total Carbohydrate        | 3 g       | 1%             |
| Dietary Fiber             | 1 g       | 4%             |
| Total Sugars              | 0 g       |                |
| Includes 0 g Added Sugars |           | 0%             |
| Protein                   | 1 g       |                |
| Vitamin C                 | 35 mg     | 39%            |
| Iron                      | 0.8 mg    | 4%             |
| Calcium                   | 20 mg     | 2%             |
| Potassium                 | 80 mg     | 2%             |

\*Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may vary depending on your calorie needs.

**INGREDIENTS:** Organic Beet Root Powder, Organic Matcha Green Tea Powder, Organic Amla Powder, Organic Moringa Powder, Organic Ceylon Cinnamon



ORGANIC  
INGREDIENTS



PLANT  
BASED



NO ADDED  
SUGARS



GLUTEN  
FREE



DAIRY  
FREE

### KEY BENEFITS



#### SUSTAINED NATURAL ENERGY

Matcha and beet root work together to support steady energy without the crash.



#### IMMUNE SYSTEM SUPPORT

Amla provides a powerful dose of Vitamin C and antioxidants to help support immune function.



#### DETOXIFICATION & CLEANSE SUPPORT

Beet root, moringa and amla support the body's natural detox pathways and liver health.



#### FOCUS & CLARITY

Matcha enhances focus and mental clarity while supporting a calm, centered mood.



#### ANTIOXIDANT RICH

Packed with polyphenols, flavonoids and plant compounds that help fight oxidative stress.



#### OVERALL WELL-BEING

A daily boost of nutrients to support energy, vitality, resilience and long-term health.



#### PAUL'S TIP

Consistency creates transformation. Small daily choices lead to big long-term results.

*Progress, not perfection.*



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